

 **SPROUT POD**

STEEL-FRAMED GARDEN ROOMS · NATIONWIDE

Extra space
built for life.

GARDEN ROOMS

HOME OFFICES

LIVE-IN MODELS

SPROUTPOD.IE

Designed for living. *Made to last.*

Sprout Pod designs and builds steel-framed structures for gardens across Ireland. Every room begins with your site, your light, and how you want to use the space.

We don't sell timber-frame or pre-fab rooms. We start with a conversation and build a custom space that belongs exactly where it is placed: fully turnkey, with doors, windows, sockets, lighting and heating included, and no hidden costs.



25-year *warranty.*

Structural steel doesn't warp, rot or shift with moisture. Every frame we fabricate comes with a 25-year structural warranty.

No cranes *or foundations.*

Our steel frame lets the room be installed tight to an existing boundary. Add space in the future, or move the room if you need to.

Fully *insulated.*

Insulated on all sides for year-round comfort, with free turnkey delivery and installation nationwide.



01 — THE BUILD STANDARD

The steel frame *changes everything.*

Most garden rooms are built on timber frames. Ours use structural steel. That single difference sets the lifespan, the insulation performance and what the structure can carry over the long term.

Steel does not warp, rot or shift with moisture. It lets us install a room tight to an existing wall, fence or hedge, with no concrete foundations and no crane. The rooms are modular, so you can extend them in the future, or move them if you need to.

INCLUDED AS STANDARD

Doors and windows

Internal lights and sockets

External feature lights

Heating

Finished flooring

Insulation on all sides

Delivery and installation nationwide

POPULAR OPTIONS

Bathrooms and kitchens

Enhanced soundproofing

Data points

Decking, extended canopies and verandas

Store rooms

25+

YEAR STRUCTURAL WARRANTY

A

RATED INSULATION, ALL SIDES

100%

FABRICATED IN IRELAND

3-4

DAYS ON SITE, TURNKEY

From the first conversation to the day you walk in.

01

Discovery and free quote

A free site survey, a brief that captures how you will use the space, and a free quote.

02

Design and specify

Full drawings, 3D renders and a complete specification, so you see exactly what you are getting before we fabricate a single component.

03

Build and fit

Your room is fabricated in our Irish workshop with weekly updates, then finished on site: installation and turnkey finish onsite in 3 to 4 days.

04

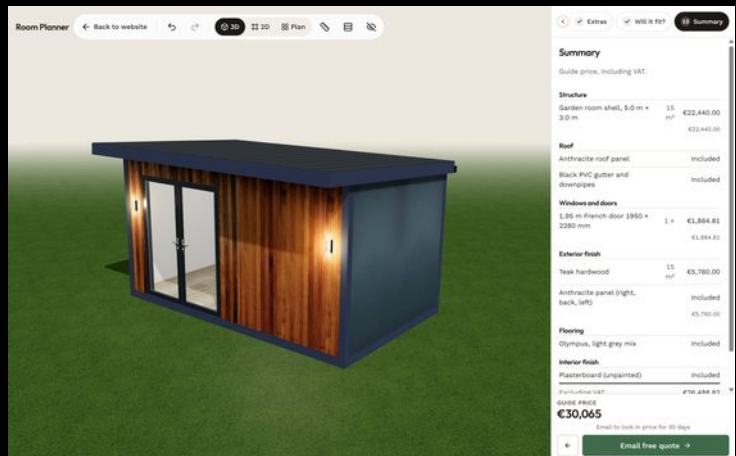
Yours, for life

Full warranty documentation and a permanent aftercare contact. A long-term relationship, not a handshake and a walk away.

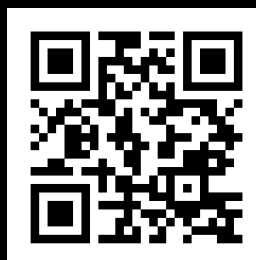
FREE INSTANT QUOTE

Design it in 3D. Price it instantly.

Our online room planner lets you design your room and see the guide price, including VAT, update as you go. Start from a garden room or one of our live-in models, set the size, choose your cladding, roof, doors and windows, and add a bathroom, kitchen or store room. Check that it fits your garden, walk round it in 3D, then email yourself the quote and drawing.



The room planner: a 5 × 3 m teak garden room, priced line by line, including VAT



SCAN TO START

quote.sproutpod.ie

Or call +353 (0)1233 7324 and talk it through with our own team.

Eight finishes, *one steel frame.*

Choose a natural timber or a zero-maintenance composite. Every finish sits on the same steel frame and carries the same 25-year structural warranty.



Siberian larch

Natural timber



Cedar

Natural hardwood



Teak

Natural hardwood



Teak effect

Composite, zero maintenance



Anthracite woodgrain

Composite, zero maintenance



Charcoal / black

Composite, zero maintenance



Sanded grey

Composite, zero maintenance



Navy PVC

Zero maintenance

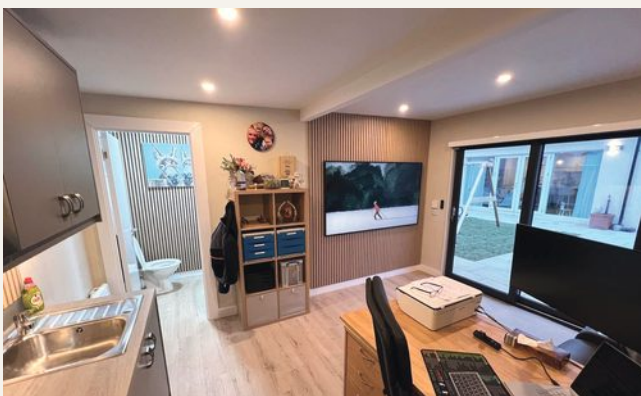
Finished like a house, *inside and out.*

Every Sprout Pod garden room, home office and modular home is fully insulated on all sides and made to an A-rated standard. All rooms have a turnkey finish, with internal lights, external feature lights, sockets, finished flooring and heating included.

The white panel finish comes as standard in the Siberian larch model, with plasterboard options in the composite, teak and cedar models. We also offer slatted wall panelling and gym panel options.



01 White panel interior with wooden trim and LED strip lighting



02 Plasterboard interior with white trim, spot lighting and slatted wall panelling



03 Plasterboard interior with a media wall and spot lighting



05 — HOME OFFICES

A working room *at the end of the garden.*

Insulated, wired and quiet enough to take a call in. Sprout Pod home offices are available from 2 m upwards, with popular sizes of 2 × 3 m, 3 × 3 m and 4 × 3 m. Every model is fully insulated for year-round comfort, with options including data points and enhanced soundproofing.

2 m+

SIZES FROM 2 M UPWARDS

3 × 3

POPULAR: 2 × 3, 3 × 3, 4 × 3 M

Quiet

ENHANCED SOUNDPROOFING AND DATA POINTS



01 Two-metre cedar-clad home office



02 Four-metre black composite home office with full-height glazing

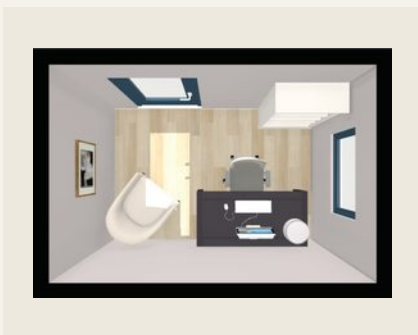


03 Five-metre composite teak home office

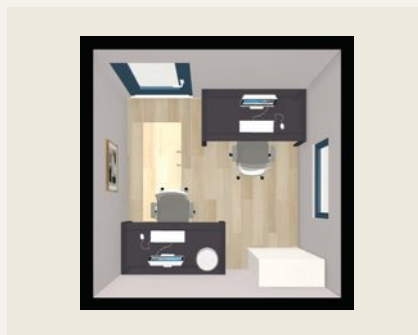


04 Siberian larch home office with larch accent panels

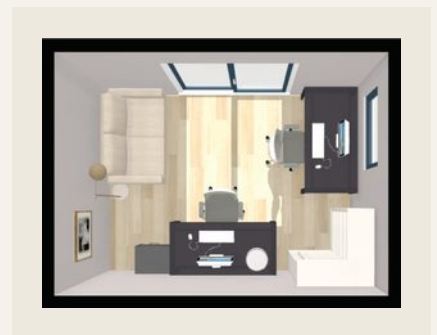
POPULAR SIZES



3 x 2 m home office



3 x 3 m home office



4 x 3 m home office



06 — GARDEN ROOMS

Extra living space, *built like the house.*

A snug, a studio, a gym or a room for guests. Sprout Pod garden rooms come in a wide range of sizes, from 3 m up to 10 m wide, and every model is fully insulated for year-round comfort.

3–10 m

WIDE RANGE OF SIZES

Turnkey

LIGHTS, HEATING, SOCKETS AND FLOORING INCLUDED

Options

CANOPIES, DECKING, BARS, STORE ROOMS

Shelter, built into *the same steel frame.*

Shelter for a seating area, a hot tub or a dining table, built into the same steel frame as the room. Covered by the same 25-year structural warranty.



01 Black composite garden room with bifold doors and an extended pergola



02 Teak garden room with a canopy over the deck



03 Navy composite garden room with a side canopy

Rooms that work *harder.*

Room for a rack, a bench and a treadmill, a short walk from the back door. Gym wall panels are available. Store rooms, bars, media walls and solar panels are all available.



01 Composite teak model with 2 m French doors, a composite step and a hidden store room



02 Composite model (zero maintenance) with 2 m sliding doors, a bathroom and a composite step



03 Composite teak model with a 2 m sliding door and a hidden store room



04 Store rooms can be sized to suit, with solid or hidden door options



05 Home bar, media centre and bespoke cabinetry designs are available



06 Garden rooms are suitable for solar panel installations to support an A rating



08 — LIVE-IN MODELS

A self-contained home *in the garden.*

Bedrooms, a bathroom, a kitchen and living space, built to a residential standard: fully insulated, plumbed and wired. Our four live-in models are built to set plans. You choose the model, the outside finish, the flooring, the kitchen door colour and the extras, and each one can be built as drawn or mirrored, so the bedrooms sit on the side that suits your plot. All four are in the room planner, ready to design and price.

4

MODELS: HAVEN, TRIO LODGE, HARMONY, OASIS

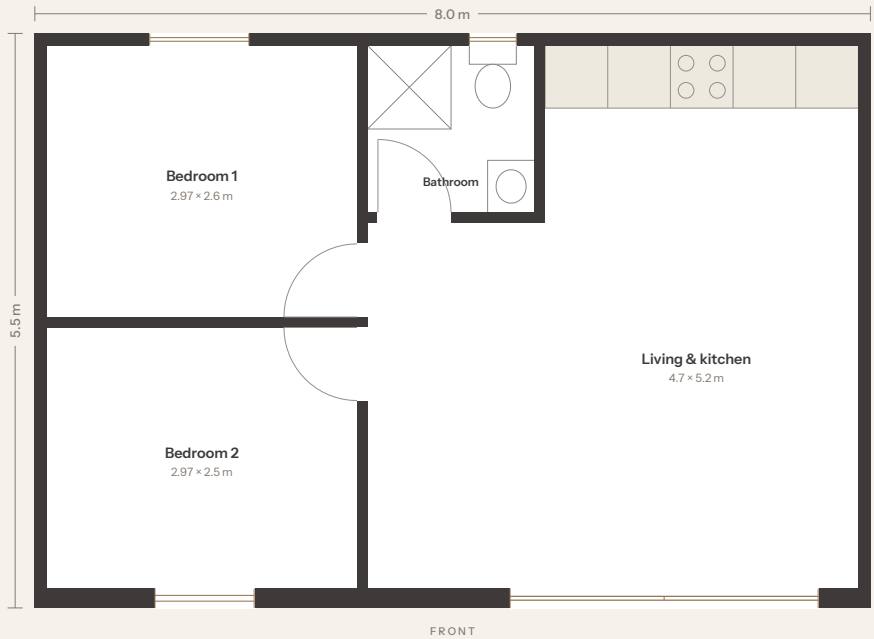
2-3

BEDROOMS, KITCHEN AND BATHROOM

Survey

GROUNDWORKS PRICED AFTER A FREE SITE SURVEY

Haven *8.0 × 5.5 m*

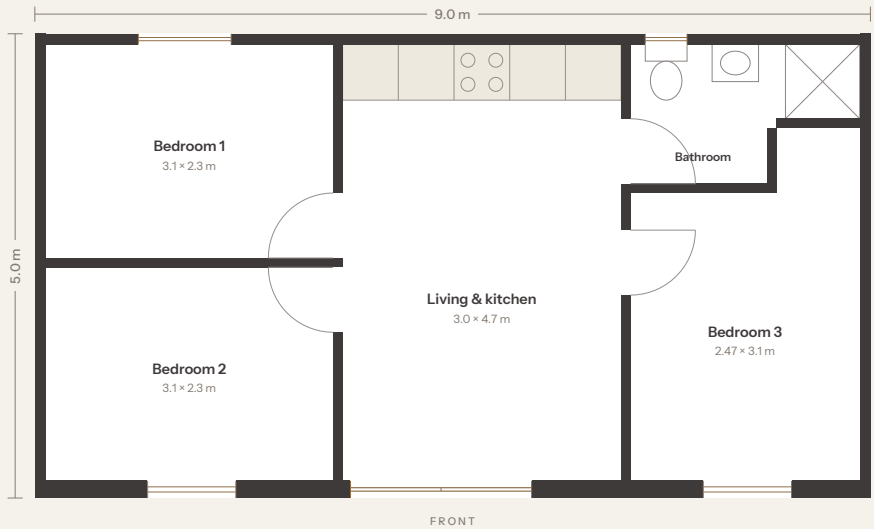


ROOMS

Living and kitchen	4.7 × 5.2 m
Bedroom 1	2.97 × 2.6 m
Bedroom 2	2.97 × 2.5 m
Bathroom	1.6 × 1.6 m

Built as drawn or mirrored. Outside finish, flooring, kitchen door colour and extras are your choice.

The Trio Lodge *9.0 × 5.0 m*

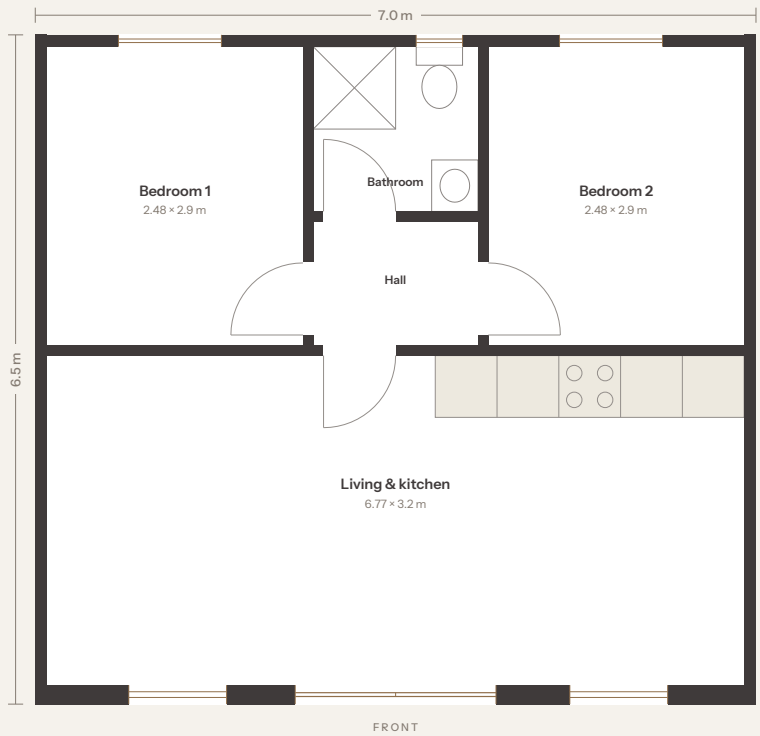


ROOMS

Living and kitchen	3.0 × 4.7 m
Bedroom 1	3.1 × 2.3 m
Bedroom 2	3.1 × 2.3 m
Bedroom 3	2.47 × 3.1 m
Bathroom	1.57 × 1.5 m

Built as drawn or mirrored. Outside finish, flooring, kitchen door colour and extras are your choice.

Harmony *7.0 × 6.5 m*

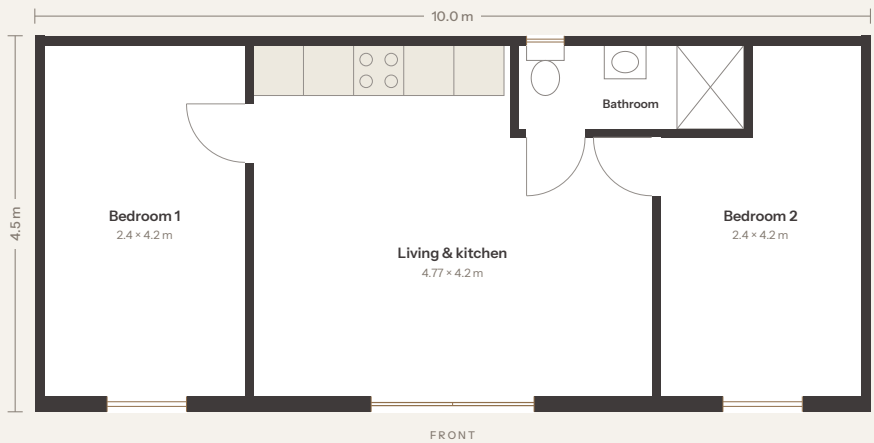


ROOMS

Living and kitchen	6.77 × 3.2 m
Bedroom 1	2.48 × 2.9 m
Bedroom 2	2.48 × 2.9 m
Bathroom	1.6 × 1.6 m
Hall	1.6 × 1.2 m

Built as drawn or mirrored. Outside finish, flooring, kitchen door colour and extras are your choice.

Oasis *10.0 × 4.5 m*



ROOMS

Living and kitchen	4.77 × 4.2 m
Bedroom 1	2.4 × 4.2 m
Bedroom 2	2.4 × 4.2 m
Bathroom	2.7 × 1.0 m

Built as drawn or mirrored. Outside finish, flooring, kitchen door colour and extras are your choice.

Compact living, from 4 × 3 m.

Sprout Pod modular homes are also available as compact one-bedroom designs from 4 × 3 m: open plan, or split, with the living room separate from the bedroom, kitchen and bathroom. These are examples of popular layouts. We make every room to order and can customise the size, layout and finishes to your requirements.



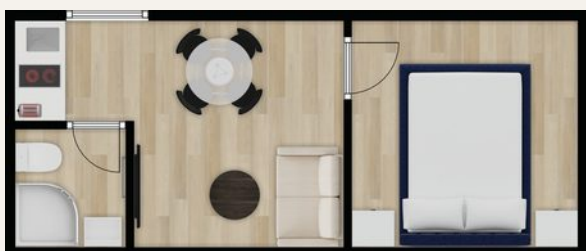
4 × 3 m open plan with ensuite and kitchen



5 × 3 m single bed design with bathroom and kitchen



6 × 3 m double bed design with bathroom and kitchen



7 × 3 m double bedroom and living room with bathroom and kitchen



7 × 3 m double bedroom and living room with ensuite and kitchen

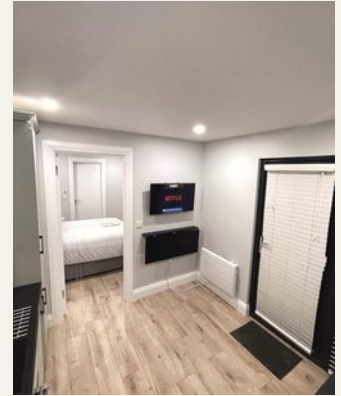


8 × 3 m double bedroom and living room with bathroom and kitchen



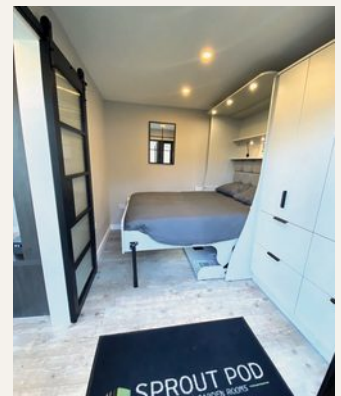
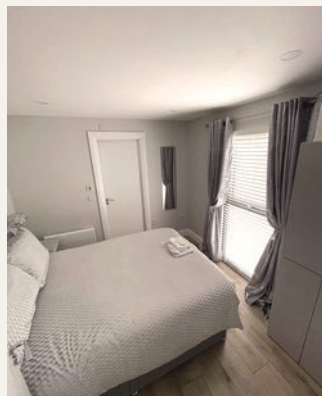
8 × 3 m double bedroom and living room with ensuite and kitchen

Living rooms



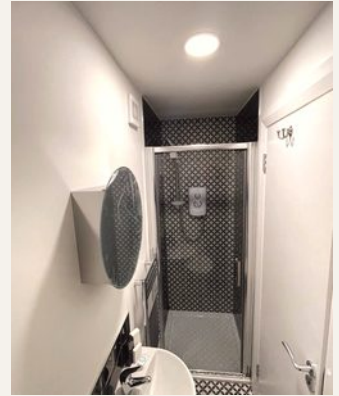
Sofas, dining tables and media walls. Lights, sockets, heating and flooring are included in every room.

Bedrooms



Fitted wardrobes, wall beds and sliding barn doors are all available.

Bathrooms



*Shower cubicles, tiled or
panelled walls and fitted
vanity units.*

Kitchens



Kitchen doors, *vinyl wrap range.*



Shaker



Shaker (wide margin)



Shaker (stepped)



Tipp 60



Tipp 61



Tipp 64



Tipp 68



Tipp 69



Tipp 76



Tipp 90

COLOUR CHOICES



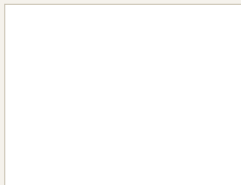
Dust Grey



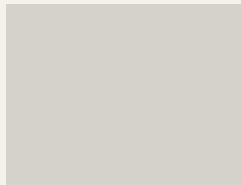
Stone Grey



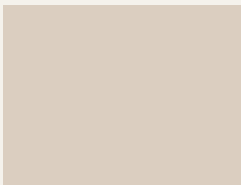
Lissa Oak



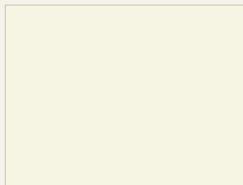
Okasha White



Light Grey Ash



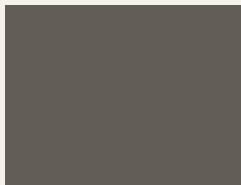
Cashmere



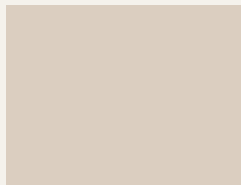
Soft Cream



Dust Grey Ash



Graphite



Cashmere Ash

Cut MFC door range



Dust Grey Ash Gris Gu Cashmere Deco Cream Deco Light Grey Roble Amazonia

Worktops, *Fintop SQ.*

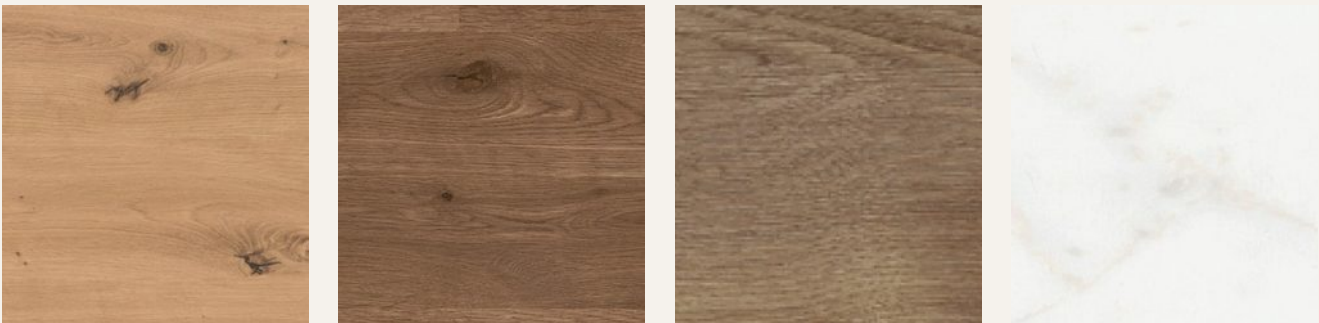
Sprout Pod kitchens use Fintop SQ square-edged worktops, which combine an ultra-durable SuperPan® MR core with a range of decorative finishes. They are easy to clean, resistant to moisture and have an antibacterial surface.

All worktops are 38 mm thick with a 1.5 mm ABS edge (1 mm on the Technical Matt), a coated back and a generic edge on the backside. An end grain is also available for the Navia Natural and Navia Brown designs.



264B Navia Natural 269B Gravity Arena 268B Gravity Niebla 583B Pietra Alba

ANTIQ MOA MOA MOA · NEW

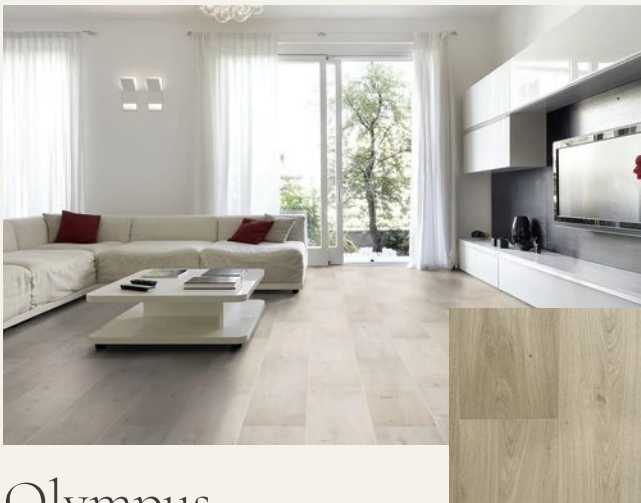


6AS Roble Amazonia 265B Navia Brown 274B Roble Romance 72Y Marmol Blanco

ANTIQ ANTIQ ANTIQ BALM

Four floors, *72 hours of water protection.*

Every Sprout Pod has a turnkey finish, which includes finished flooring in a range of colours. The 8 mm water-resistant laminate has a hydrophobic coating that gives 72 hours of water protection, and a 15-year manufacturer's warranty.



Olympus

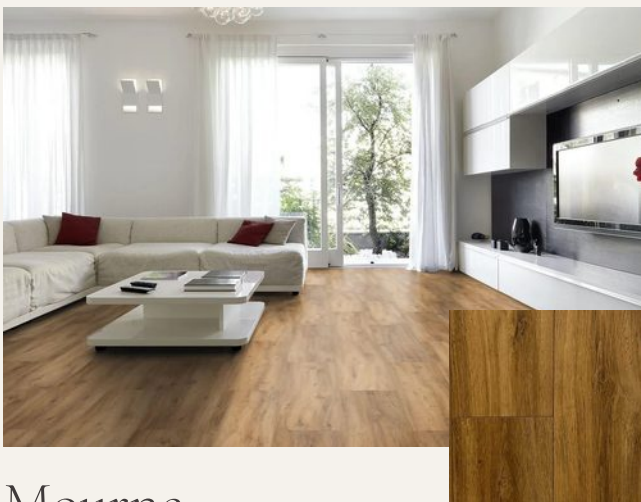
LIGHT GREY MIX

Preloaded on every model in the room planner



Nevada

OAK NATURAL MIX



Mourne

OAK NATURAL



Fuji

LIGHT GREY BROWN

Electrical guidance

Every Pod needs a sufficient power supply from the dwelling or mains. Please share this page with your electrician before installation day.

SUPPLY CABLE

Pods without a bathroom or kitchen need a minimum 6 mm 3-core SWA (steel wire armoured) cable for external use, on a 32 amp supply. Pods with a kitchen or bathroom need a 63 amp supply, and a heavier cable for showers. The cable size depends on the distance between the Pod and the power source, and must be determined by the electrician bringing the cable to the Pod. Sprout Pod is **not** responsible for cable sizes between the Pod and the dwelling.

ISOLATION SWITCHES

All connections are made at an external rotary isolation switch supplied on the Pod: 32, 40 or 63 amp depending on the Pod. Some Pods need two isolation switches: if there is an existing electric shower in the main dwelling, two cables must be brought to the Pod.

ON INSTALLATION DAY

Cables must be left on site for the Sprout Pod team on day 1 of the install, so we can take them into the Pod. We aim to locate the external isolation switches on a discreet elevation.

PODS WITH ELECTRIC SHOWERS

If the Pod has an electric shower and the dwelling also has one, the client's electrician must fit a priority switch in the dwelling, so that only one shower can run at a time. Two cables are then brought from the house to the Pod, with two isolation switches:

1. A 40 amp isolation switch for the electric shower: 3-core SWA mains power for the remainder of the Pod to the isolation switch. Cable size to be determined by the client's electrician.
2. A 63 amp isolation switch for the Pod fuse board: 3-core SWA shower cable to the isolation switch. Cable size to be determined by the client's electrician.

If there is no existing shower in the house, the Pod has one 63 amp isolation switch. Leave the cable tails in an IP-rated box, with the trip switched off at the main board in the house and taped to show it is for the Pod.

If your electrician has any questions, our engineering team is available on call or WhatsApp at +353 (0)86 853 4007.



01 Example of a connection on the side



02 Example of a connection at the back



WHAT CLIENTS SAY

Rated 5 star
by our customers.

"Delighted with the pod we bought. Worth every penny. The lads couldn't do any more for us. They take great pride in their work making sure everything is perfect and the place is left clean afterwards. Go out to see one first so you see the quality. You will be convinced as soon as you see them."

CON HOEY

Garden room

"I honestly couldn't recommend Ciarán and his team highly enough. Communication was really responsive and personal, and nothing was too much trouble. The fitting team were brilliant: tidy, efficient, and total gentlemen. The finish is fantastic and we're absolutely delighted with the standard of the work."

JACKIE DOLAN

Garden room

"We did a lot of research and talked to a few companies but Ciarán and team were the ones that gave us more choices, confidence and overall value for money. The build itself was super fast: the whole thing was finished within a week."

CHRISTIAN VARELA

Garden room, 6 x 3 m

AS SEEN ON

RTE

IDEAL HOME
SHOW

Irish Independent

THE IRISH TIMES

THE IRISH TIMES

bloom

DAILY
Mirror

Your garden. *Transformed.*

Design and price your room in the planner, book a free site survey, or call us. All enquiries are handled by our own team, not a call centre, and we aim to reply within one business day.

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SHOWROOMS	Co. Louth
HOURS	Mon–Fri, 8am–6pm

FREE INSTANT QUOTE



Scan to design and price your room in 3D

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